



CHEEVERSTOWN

TOWARDS A FUTURE WHICH RESPECTS THE CONTRIBUTION & INCLUSION
OF PEOPLE WITH AN INTELLECTUAL DISABILITY.

NPF Submissions,
Forward Planning Section,
Department of Housing, Planning,
Community and Local Government,
Custom House,
Dublin 1,
D01 W6X0.

21st March 2017

Dear Sir/Madam,

I am writing to you on behalf of Cheeverstown Advocacy committee. In response to your campaign seeking submissions for the National Planning Framework process, we have put together a slide show of the ideas and opinions of people who use the services of Cheeverstown House, the people we represent.

Advocacy groups have been running in Cheeverstown House for a number of years. In 2009 we reviewed the structures in place which highlighted a need to move towards a model of representative advocacy which gave advocates a direct voice to the Board of Management within Cheeverstown. Currently, we have our middle group of advocacy representatives made up of people who use our services.

Our group meets once a month and our views are facilitated through an external advocacy facilitator and an Artist with a background in Occupational Therapy. This middle level committee is made up of representatives from each part of Cheeverstown adult services and two board members. Information is gathered by nominated representative from their areas or be supported by staff to do so. This information is

Cheeverstown, Kilvare, Templeogue, Dublin 6W.

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GOVERNING BODY OF CHEEVERSTOWN:

Mrs. M Quinn (Chair) • Mrs. H Cinnamon • Mr. W Day • Mr. J F Dowling • Mr. A Duggan • Mr. P Duggan • Ms. F E Hogan • Mr. A Keegan • Mr. K J Keegan • Mr. A MacRedmond • Mr. D McNamee • Mrs. M O'Connor.

BOARD OF CHEEVERSTOWN HOUSE LTD: Mr. P Duggan (Chair) • Mr. W Day • Mr. J F Dowling • Mr. A Duggan • Ms. F E Hogan • Mr. A. Keegan • Mr. A MacRedmond • Mr. D McNamee • Mrs. M O'Connor • Mrs. M Quinn. Co. Number: 50235.

BOARD OF CHEEVERSTOWN HOME LTD: Mr. J. F. Dowling (Chair) • Mrs. M. Quinn • Mr. A. Duggan • Mr. P. Duggan. Co. Number: 124548.

BOARD OF CHEEVERSTOWN INDUSTRIES LTD: Mr. J. F. Dowling (Chair) • Mrs. M. Quinn • Mr. A. Duggan • Mr. W. Day. Co. Number: 189647.

BOARD OF CHEEVERSTOWN SCHOOL LTD: Mr. J. F. Dowling (Chair) • Ms. F. E. Hogan • Mrs. M. Quinn • Mr. D. McNamee • Mr. A. Duggan. Co. Number: 253655.

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brought back to the middle committee where the information is shared and made into workable plans for change. Members of the group have been involved in advocacy training course external to Cheeverstown and were also involved in the recruitment of the external facilitator who works with them.

The slides are laid out in the accessible manner in which our agenda and minutes of each meeting are laid out with the help of our external facilitators. Should you have any questions or queries in relation to our presentation please do not hesitate to contact me or Ms Kelly O' Rorke, Social Worker at the details below.

I would like to kindly ask for any and all feedback you may have for the group upon receipt of our submission.

Kind Regards,

Trevor Kivlehan

**Chairperson,
Cheeverstown Advocacy Committee**

NDF The National Planning Framework

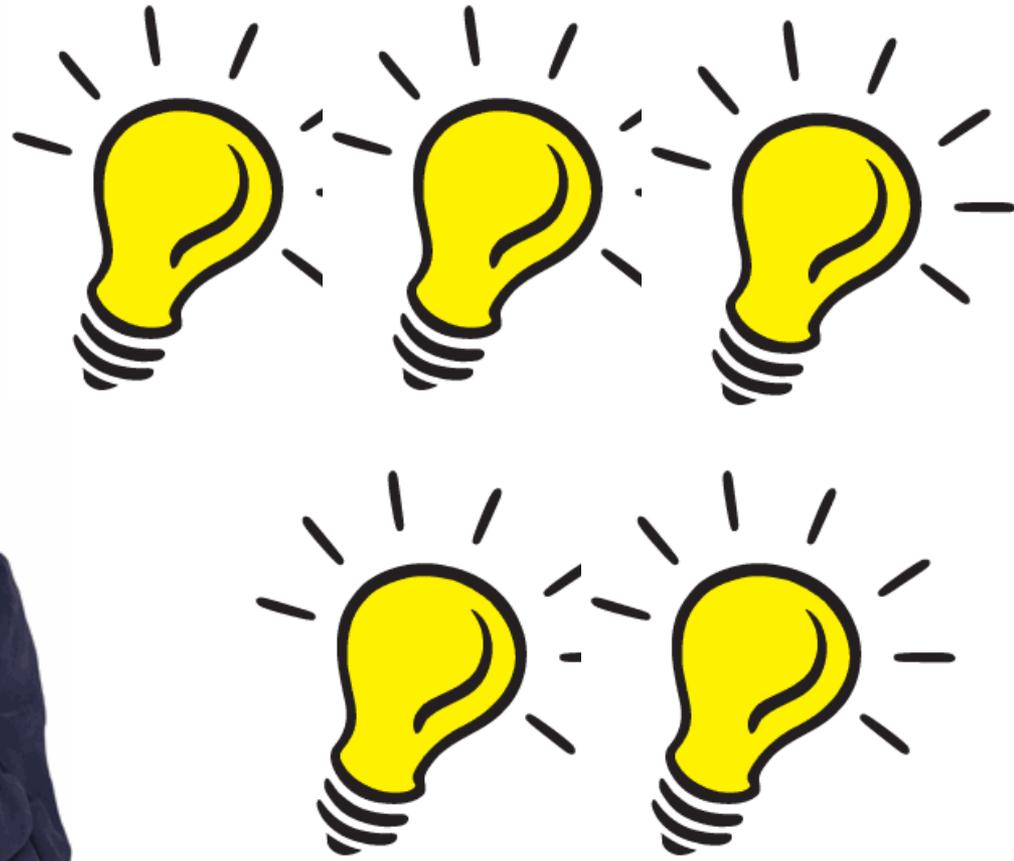
WHAT WILL IRELAND LOOK LIKE IN 2040?



<http://npf.ie/>

<https://www.youtube.com/watch?v=jkz63SbwhMY>

**The government want
to hear our ideas**



We are the Cheeverstown Advocacy Committee



We represent the voices of people who use Cheeverstown Services



**There are 275 adults
who use Cheeverstown services and
we represent them all from Tallaght
to Kimmage.**



Here is our feedback



What will people work at?



- In 2006, just 35% of people with disabilities were at work compared to 73% of the general population.
- The ESRI report that people with disabilities are 4 times less likely to enter the workforce.
- Disabled people experience high levels of consistent poverty (13% compared to 2% of those at work).

(DFI, 2006-2011 Fumbally Court, Fumbally Lane, Dublin 8)



Here are our ideas:



**Need more money
for training**



**Need more money
For individual support**



**More money spent on education
so we can access jobs
in computer companies**



Here are more ideas:



More job shadowing opportunities



Need more Opportunities from Solas job centre



Disability Awareness Training

Why can't people with disabilities be advisors/consultants for services and/or companies?



Here are more ideas:



Thinking outside the box

More options for people with physical disabilities to join the fire service:

- Fire Safety Officer (offering training)
- Operate the emergency phones



Better accessibility in public buildings

- Toilets
- Doorways
- Easy read signs



Better Mobility Equipment and the availability of it

- More streamline wheelchairs
- Assistive technology



Here are more ideas:



Better internet access



**Disability allowance
Should be flexible and increase with
standard of living**

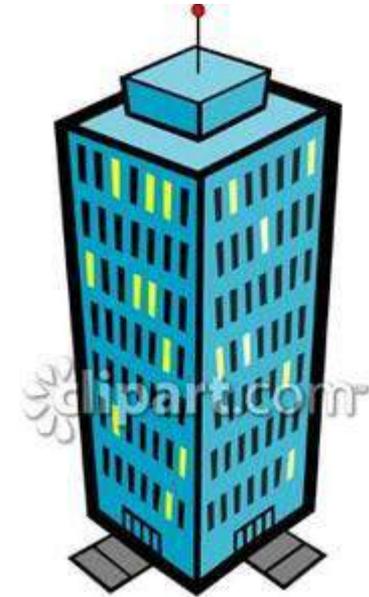


**Need more money
For sign language
support**

Where will people live?



© Can Stock Photo



- Over 8,000 people with disabilities in Ireland still live in residential centres across the country.
- Between 2008 and 2014, 600,000 home help hours were cut.
- Almost 4,000 people with disabilities in Ireland are in need of social housing.

(Social Justice Ireland (2014) Budget 2015

<http://www.socialjustice.ie/sites/default/files/attach/publication/3573/budget2015analysisandcritiqueprint.pdf>)



Here are our ideas:



**Live independently
in own home
in the community**



**Live in
an inherited house**



dreamstime.com

**Live in
an expensive house**



**Live in
an apartment**



**Build a home on
family land**

Be independent in our own home, but have family beside us if we needed support.



Live with family or friends



More Alternative Power needed

- Wind
- Water
- Electricity – like electric cars with a minimum charge for wheelchairs



More Solar Power needed

This would offer people;

- Reduced costs
- More economical
- Environmentally friendly

There is a Housing Crisis so we need to be imaginative also:

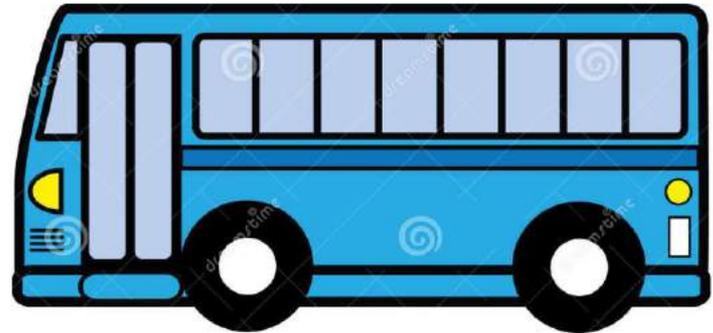


Live in a tree house



Live in a houseboat

What will public transport be like?



Download from
Dreamstime.com

14362418
Andri Acosta | Dreamstime.com

'One of the key responsibilities for government is to ensure that individuals can move around freely to the best of their abilities and be able to engage in life in a meaningful way.'

(NDA, 2002)



Here are our ideas



**More
wheelchair spaces**



**More Police fines
for using
a wheelchair space**



**Better and Wider parking
At Day Services
And Place of Work**



Here are more ideas



**Audio message on bus
“this is a wheelchair space”**



**Audio message on bus
“this is the final stop”**



**Education campaign
to increase people’s understanding**



Here are more ideas



**More Real time
at bus stops**

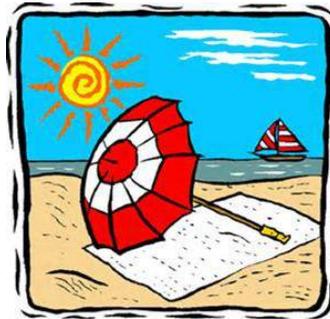


**Expressway buses
More accessibility needed**



**Train stations need
to be more manned
For wheelchair users**

What will we be able to go to in our community?





Here are our ideas



**More
wheelchair spaces**



**More access
to discos and pubs**



**More access
to local gyms**



**More access
to restaurants**



Here are more ideas



**More access
To race tracks**



Better policing around dogs

- They can often be the same height as someone in a wheelchair
- Dogs need to be on collars and leads
- People who own dogs need to understand the need for people in wheelchairs to be given space



**More computer courses
in our locality**

What will schools and colleges be like?



- Among people with disabilities, 43% have not progressed beyond primary education. This compares to 19% of all adults.
- Over one third of young adults (25 to 29 years) with a disability left school before completing second level compared to one in six of young adults with no disability.



Here are our ideas



**More
Computers and
technology**



**Skype access
lectures**



Computer training



Here are more ideas



Open university



More opportunities to socialise in college



More access to our local colleges with supports available if required



Here are more ideas



Mainstream education

More opportunities to participate



Bullying

More awareness campaigns around bullying

What will health care look like for us?



“Too often we continue even today, to look at people with disabilities, through a lens which sees them just emerged from the hospital, on their way to a rehabilitation centre or on their way back into medical care.”

(Costello and Cox, 2013)



Here are our ideas



Mental Health

- Need more services to support relationships and making new friends
- Need accessible alternative therapies
- More social outlets/opportunities



Alternative Therapies

E.g. Massage, reiki, aromatherapy, Meditation, yoga, mindfulness, Pilates. Grants should be made available for people to set up their own accessible services so they can make their own contribution.



Availability of medical marijuana

Should be decided on a case by case basis in consultation with the individual and their healthcare professional.

Pharmaceutical companies should not make money off medical marijuana



Autonomy

Treat us like independent adults.
Explain procedures more clearly
and communicate results better
and directly with us and not just
our staff/family



Sensory Sensitive Health Care Workers

e.g. Dentists that are aware of
your individual needs including
sensitivities to touch and
sounds



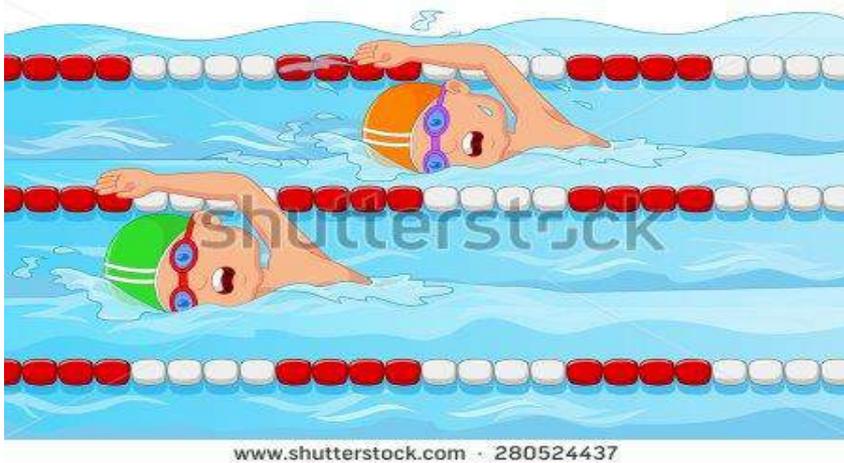
More primary care centres in our local communities



Disability Awareness training

For healthcare workers and emergency service workers

What will sports facilities be like?



There is a need to establish an integrated sport system that is geared towards the well-being of the entire population in terms of health, physical activity, fitness and performance.

- meeting the needs of people with a disability should not be dependent on "special" projects and on people being present who have an interest or the expertise to set up projects and to apply for their funding.

(The Technical Advisory Group of the NCTC in their consultation paper, *Building Pathways in Irish Sport (2002)*)



Here are our ideas



Centres that are better at supporting people with disabilities and their individual needs
More training required for staff



Better thought out facilities
e.g. Menus in canteens that cater specialised diets



No more 'specialized' pools
All pools should be made accessible



**More money spent on
community centres**



More activities
i.e. bowling or social evenings,
in our local community centres



- More accessible sports***
- Better hoists and straps
 - More opportunities to gain access to mainstream sports



**Better links
to “mainstream” Olympic games**



**More visibility/awareness
about sporting teams options;**
e.g. Ballyroan wheelchair basketball team
Advertise activities/ sports in the area



Horse-riding

- More access to funding for the RDAI
- Better equestrian opportunities

What will the communication services look like?



Here are our ideas



**Wifi and internet
freely available**



**Talk to text
Text to talk facilities
more widely available**

**Pictures attached to
email addresses and
phone numbers so we
know who to contact**



**Audio dictated
websites**



**Expansion of
voice control apps
available for phones
and computers**

**SCHEDULE
APPOINTMENT**

[Click Here](#)

**Email options
to make appointments**



**Security of
communication**

Not always guaranteed
Need support can affect this



Current technical supports are unreliable

(technological and physical)

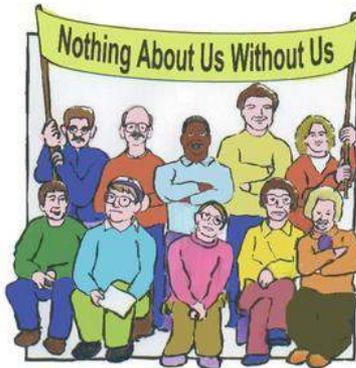
Too complicated

Too expensive



More room on equipment for phones and tablets

(e.g. on wheelchairs and walkers)



Need more choice around advocacy

people who communicate for us



Self driving wheelchairs and cars

LIVING SUCCESSFULLY WITH DISABILITIES LIVING
VOICED SUCCESSFULLY WITH DISABILITIES LIVING
VICTIMS SUCCESSFULLY WITH DISABILITIES LIVING
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**INDEPENDANCE
BRINGS PEOPLE
TOGETHER**

